

### Making information easier to read and understand



Make it easy to see and read



Say it simply



Say it clearly



Keep it short and focussed



Show and tell

How to: make it easy to see, read and understand



Use big writing



Use a sans serif font (no flicks or tails)



Sans serif



Use white or a light colour behind text



Protect the shape of letters



no effects bold



italics underlining **BLOCK CAPITALS** 

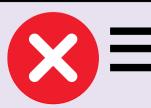
Write left to right with equal spaces between words (left align)



Never right align or justify







# How to: say it simply







Use common words)



Explain hard or unusual words e.g. compliance

an injection in your back to stop you feeling pain

Explain medical or technical words (jargon) e.g. epidural

Do not use contractions (e.g. don't, we're)

Use basic, common punctuation

,.?

## How to: say it clearly



- Say exactly what you mean
- Use words that have clear meanings
- Do not use slang, sayings, euphemisms etc. (e.g. the birds and the bees)
- Give simple, direct instructions using the active voice e.g. swallow the pill
- Explain abbreviations and acronyms words first

Home Sampling Kit (HSK)



Give examples

### How to: keep it short and focused





Use the fewest words needed

a bit, very, quite, some



Leave out or remove words (cathot do not add clear meaning)



Use short, focused sentences



Use short, focused paragraphs



Talk about 1 topic, point, or idea in each sentence or paragraph



Break complicated information or instructions into small parts

 short sentences, steps, or bullet points are good



### How to: show and tell



Pictures can be very helpful for some people. They can make written information easier to understand.

- Use simple, clear pictures
- Make your pictures big enough for people to see the details easily
- Use accurate and factual pictures
- Use pictures that match what you are writing about
- Use age appropriate images