

# National Updates: Supporting YPs Sexual Health



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# Scottish Government – SHBBV Action Plan, 2023-2026

Stakeholders from range of places:

- Third sector
- Specialist services
- Primary care
- Academia

3 year strategy – covid recovery; rebuild

## Key issues

- Sexual Wellbeing
- Access to Services
- Governance and Accountability
  - Data and Reporting
- Links to other plans/strategies - HIV Transmission Elimination; HCV Elimination; Women's Health Plan
- *Improving outcomes for YP*

# Sexual Wellbeing

- About promotion of positive sexual feelings and experiences. Includes feeling safe, respected, comfortable, autonomous and able to work through past trauma. An individual's sense of sexual wellbeing is shaped by wider influences such as laws, attitudes in society, and access to information and support. Sexual wellbeing is relevant to people regardless of whether they are sexually active or in a relationship

# Deliverables



- Introduce and champion concept of overall sexual wellbeing within SHBBV services and across wider policy landscape
- Define key indicators of overall sexual wellbeing, produce baseline data for Scotland on these, ensuring reporting and benchmarking can be used to effectively track progress
- *Take steps to ensure Yps needs are considered in service delivery and policy decisions related to sexual wellbeing*
- £100k funding to Uni of Glasgow
- *Sexual Wellbeing Yps Advisory Group (YPAG)*

## Access to Services

- Covid 19 – ongoing challenges
- Significant and sustained pressure
- Contraception – primary care
- Testing – challenges in services and lab capacity

## Deliverables

- Implementation of national online service for STI and BBV testing
- Focus efforts on increasing access to and uptake of LARC
- Health Boards should collaborate on service delivery where possible and appropriate

# Governance and Accountability



- Clarifying roles & responsibilities
- Reporting channels
- National Governance Structure – lack of performance management
- Successes, e.g. reduction in teen pregnancy rates and HIV incidence – led to deprioritisation?

## Deliverables

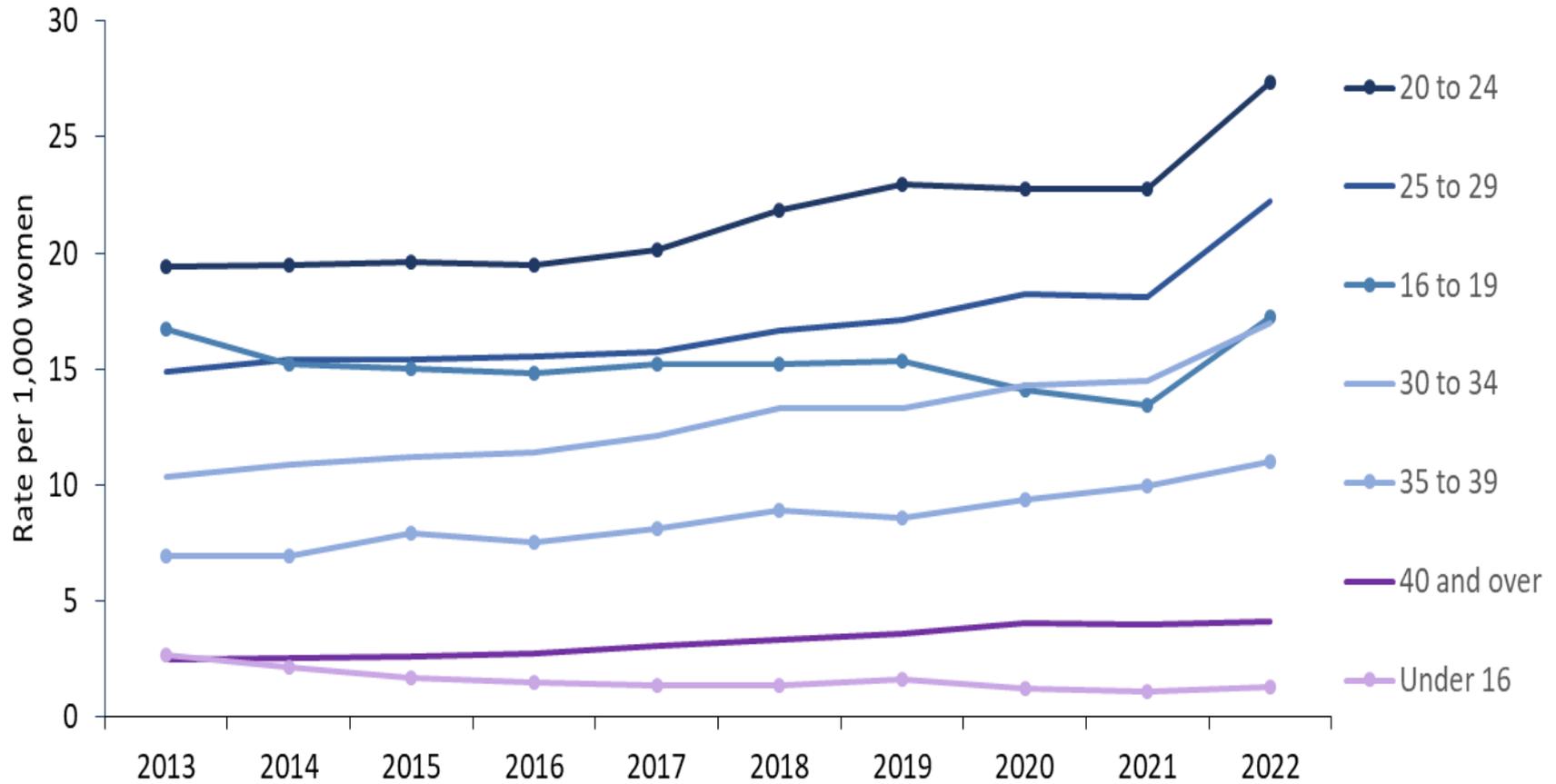
- Progress against deliverables set out within the Plan will be monitored by an oversight group
- Implement national KPIs to drive and track progress
- Annual Board visits reinstated to ensure accountability, track progress and identify issues against deliverables

When.....??? End of summer 2023...

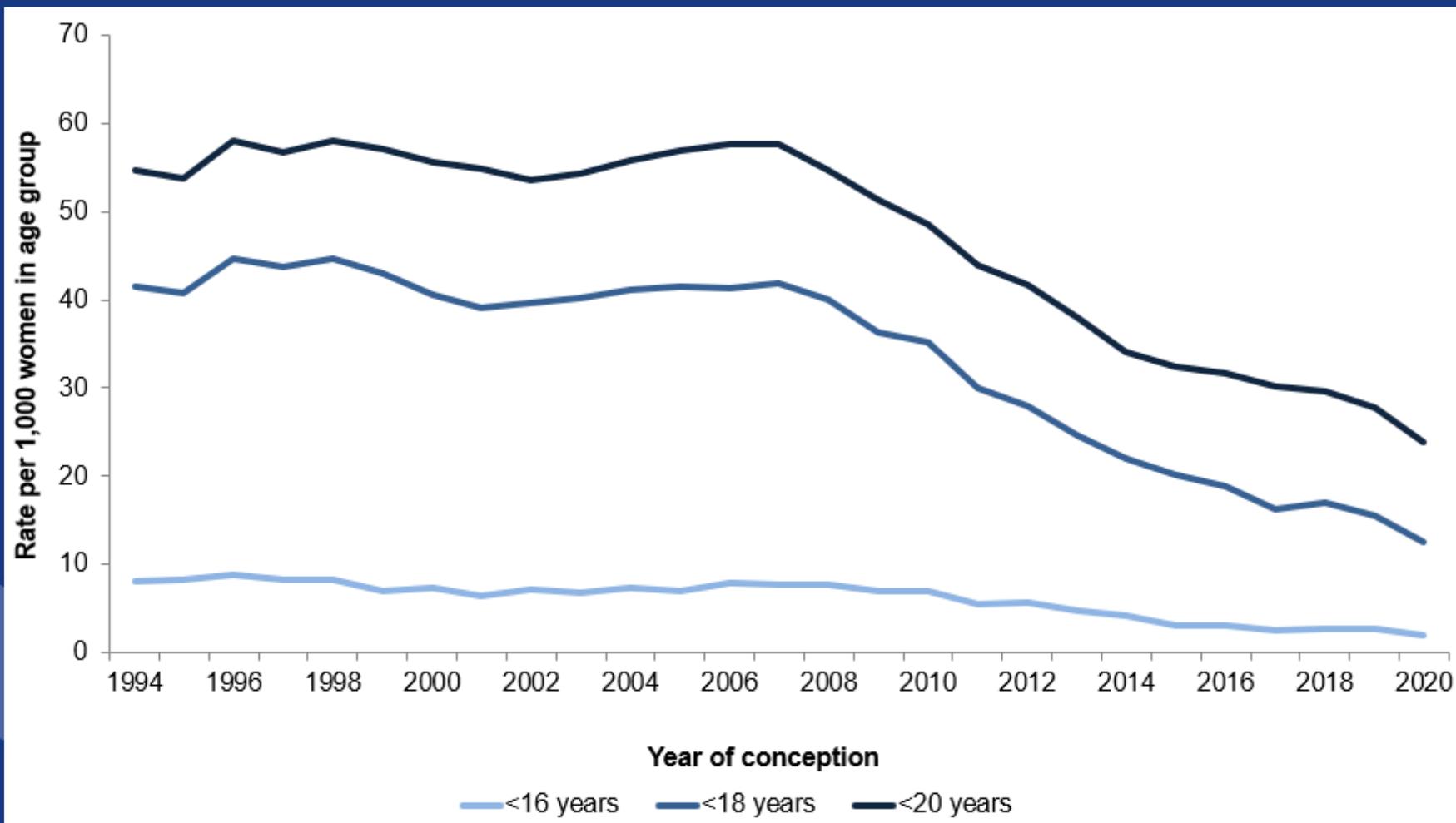
But – decisions made on SHBBV Funding

- National SHBBV website (NHS 24 as lead)

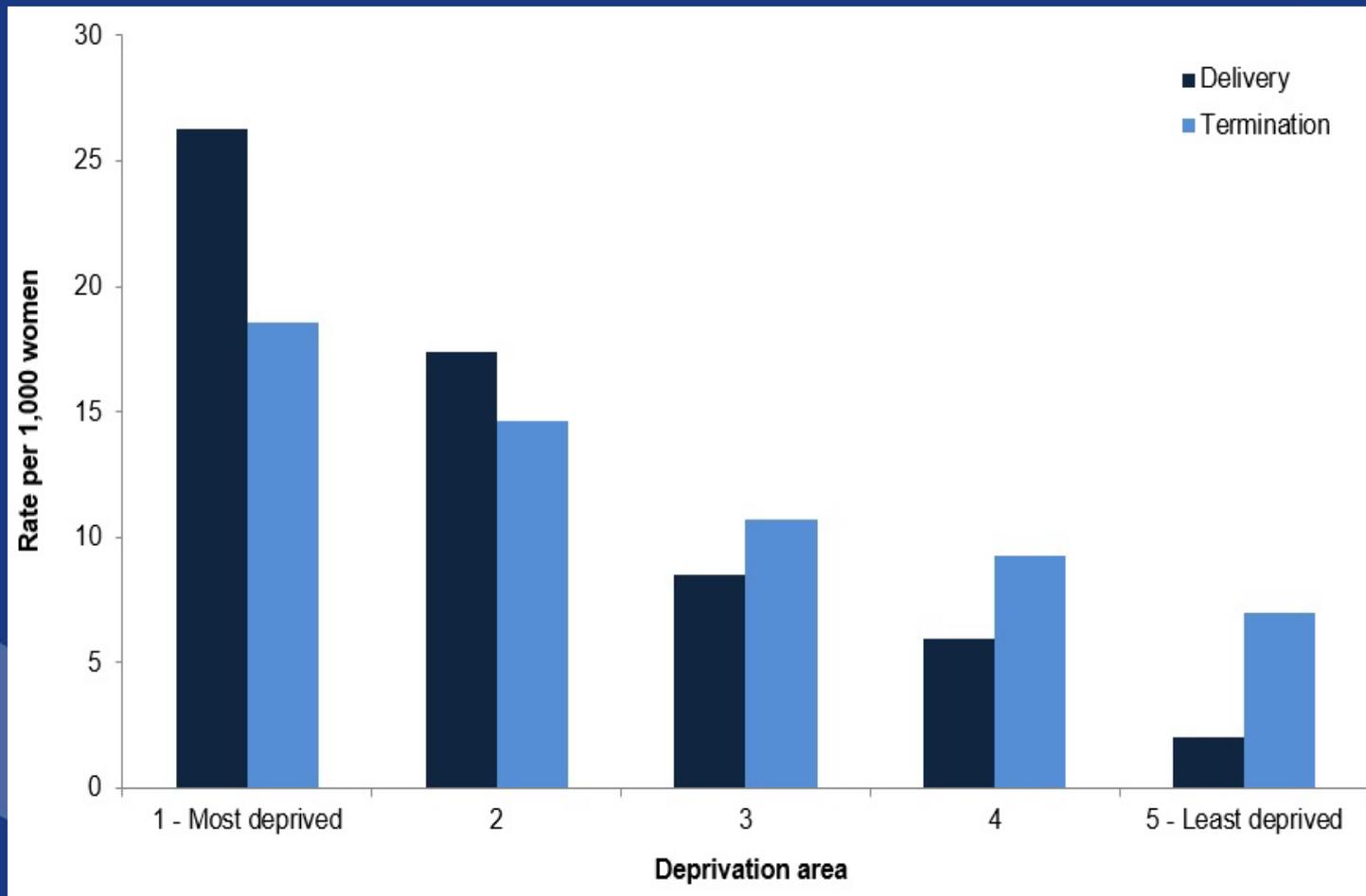
# Abortion



## Teenage Conception Rate in Scotland



# Conceptions by outcome and deprivation quintile in 2020 in Scotland



# Gonorrhoea in Under 20 year olds

	2018	2019	2020	2021	2022
<b>Males</b>	278	264	166	112	468
<b>Females</b>	355	488	278	169	671
<b>Total</b>	633	752	444	281	1,139

# Pornography

Pornography is widespread and normalised, to the extent that children cannot 'opt out'

Average age at which children see pornography is 13

- By age 9, 10% had seen pornography
- By age 11, 27% had seen pornography
- By age 13, 50% of children had seen pornography
- By age 18, 79% had encountered violent pornography



# Gender based violence



Sexual harassment of girls and young women is very common - many young people consider it “normal”



# Culture Wars



- Ultra right wing/extremist Christian alliances
- School health and wellbeing census
- RSHP
- LGBT Inclusion
- Anti-abortion