

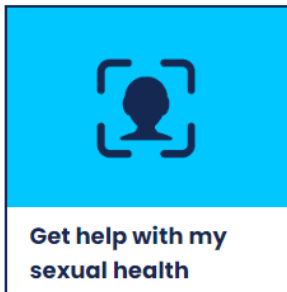
# Where can young people find sexual health services?



In partnership with



# What is a sexual health service?



**A safe place to talk** about relationships and sexual health.



Get access to **free condoms, testing, contraception, and advice** about your sexual health worries.



**You can talk to a trusted adult.**  
A nurse, doctor or youth worker.

# Aged 13+?

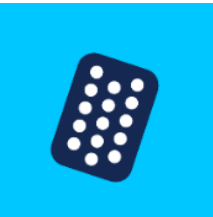
## Get free, confidential access to



**Condoms**



**Pregnancy testing**



**Contraception (pill, implant, coil)**



**STI testing**



**All identities welcome**

# Services are confidential



This means the **information a person shares is kept private.**



If the service thinks you are **being harmed or in danger, they may share** some information to get you support.



**A worker should let you know** if they need to share and who they will talk to.



Find services near  
me

**Where can young people  
find sexual health  
services?**

## Healthy Respect + young people's clinic at

### Tranent Medical Practice

#### Drop-in

Tuesdays, 4:00pm to 5:00pm.

Scan code or visit [bit.ly/services-lothian](https://bit.ly/services-lothian)



# Healthy Respect + young people's clinic at Tranent Medical Practice



**Tranent:**  
**Tuesdays from 4pm to 5pm**



## You can speak to your school nurse

- About any **health, relationships or sexual health worries**
- They offer the same confidentiality
- How to speak to them:
  - ✓ Ask your Pupil Support Leader
  - ✓ Check if you have a lunch time school drop-in
  - ✓ Self-refer



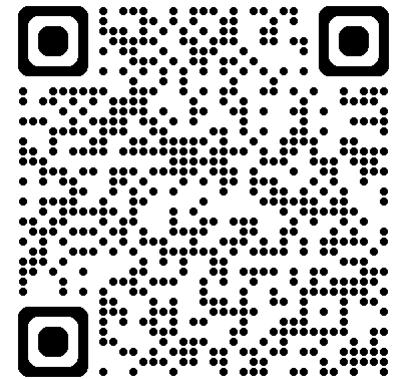
## Community based drop in at Musselburgh connect

### Drop-in

Friday's 12-2pm (term-time only)

**Some areas also have school-based drop-ins.**

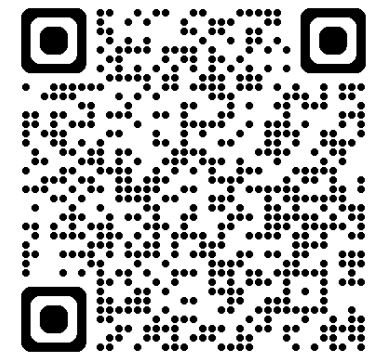
Scan code or visit [bit.ly/services-lothian](https://bit.ly/services-lothian)



### c:card

Get free condoms at **c:card points** or delivered to you by post.

Visit [ccard.org.uk](https://ccard.org.uk) for details



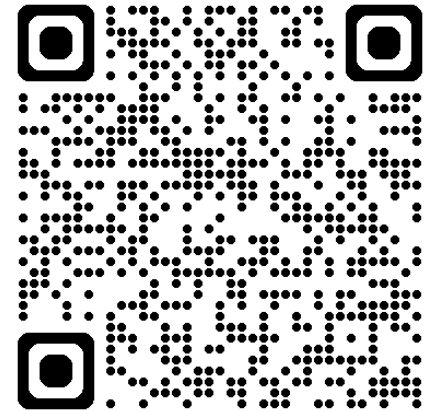
## Healthy Respect + young people's clinic at

### Chalmers Centre (Edinburgh)

#### Drop-in

Monday to Thursdays 3:30pm to 7pm  
Fridays 1pm – 3:30pm

Scan code or visit [bit.ly/services-lothian](https://bit.ly/services-lothian)

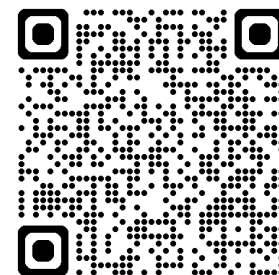




**Emergency  
contraception**

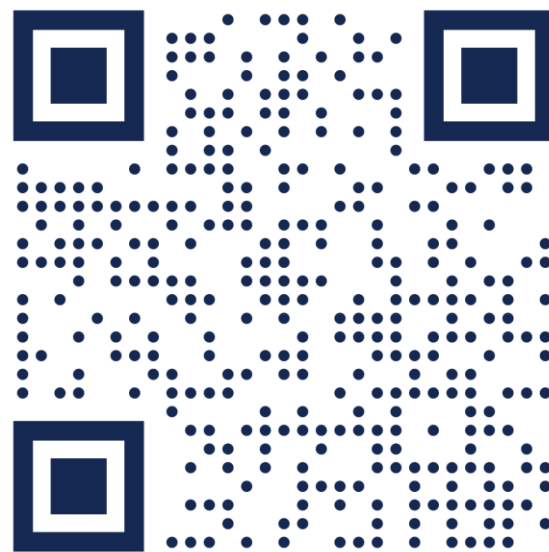
**Get emergency  
contraception  
from any pharmacy  
or clinic**

**Scan code  
or visit [www.healthyrespect.co.uk/get-emergency-contraception/](http://www.healthyrespect.co.uk/get-emergency-contraception/)**





**Want to know more about sexual health and relationships?**



**Scan code or visit**  
[www.healthyrespect.co.uk](http://www.healthyrespect.co.uk)

