

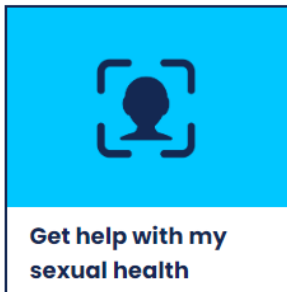
# Where can young people find sexual health services?



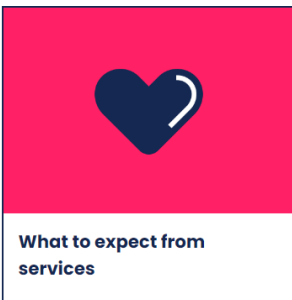
In partnership with



# What is a sexual health service?



**A safe place to talk** about relationships and sexual health.



Get access to **free condoms, testing, contraception, and advice** about your sexual health worries.



**You can talk to a trusted adult.**  
A nurse, doctor or youth worker.

# Aged 13+?

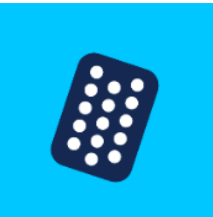
## Get free, confidential access to



**Condoms**



**Pregnancy testing**



**Contraception (pill, implant, coil)**



**STI testing**



**All identities welcome**

# Services are confidential



This means the **information a person shares is kept private.**



If the service thinks you are **being harmed or in danger, they may share** some information to get you support.



**A worker should let you know** if they need to share and who they will talk to.



Find services near  
me

**Where can young people  
find sexual health  
services?**

## Healthy Respect + young people's clinic at

### Chalmers Centre (13-18)

#### Drop-in

Monday to Thursdays 3:30pm to 7pm

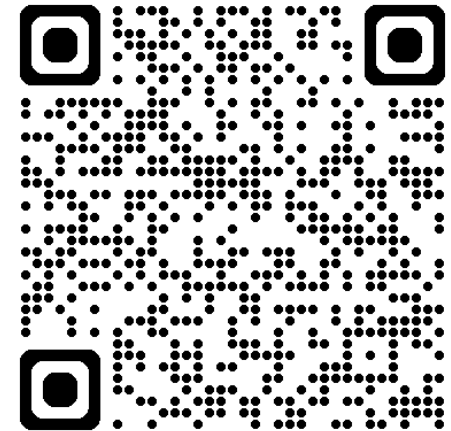
Fridays 1pm – 3:30pm

[Find Chalmers](#)

### Pennywell All Care Centre

#### Drop-in

Fridays 1pm – 3.30pm



Scan code or visit  
[bit.ly/services-lothian](https://bit.ly/services-lothian)

# Healthy Respect + young people's clinic at



1st floor at  
Pennywell All Care  
Centre



Pennywell Road



We are next to  
Craigroyston High School

Pennywell Gardens



## You can speak to your school nurse

- About any **health, relationships or sexual health worries**
- They offer the same confidentiality
- How to speak to them:
  - √ Ask your Pupil Support Leader
  - √ Check if you have a lunch time school drop-in
  - √ Self-refer



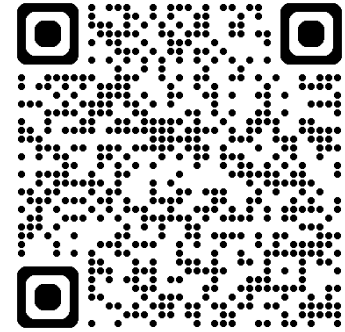
# Edinburgh



## Schools and community drop-ins

Some areas have school and community based drop-ins.

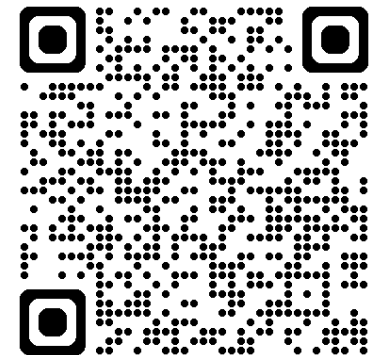
Scan code or visit [bit.ly/services-lothian](https://bit.ly/services-lothian)



## c:card

Get free condoms at **c:card points** or delivered to you by post.

Scan code or visit [ccard.org.uk](https://ccard.org.uk)

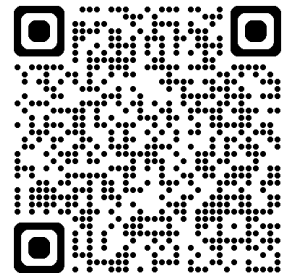




Emergency  
contraception

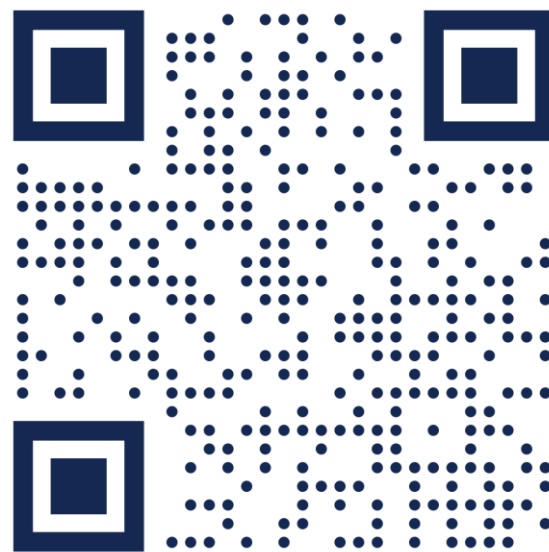
**Get emergency  
contraception  
from any pharmacy  
or clinic**

**Scan code  
or visit [www.healthyrespect.co.uk/get-emergency-contraception/](http://www.healthyrespect.co.uk/get-emergency-contraception/)**





**Want to know more about sexual health and relationships?**



**Scan code or visit**  
**[www.healthyrespect.co.uk](http://www.healthyrespect.co.uk)**

