

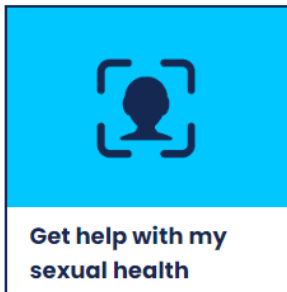
Where can young people find sexual health services?



In partnership with



What is a sexual health service?



A safe place to talk about relationships and sexual health.



Get access to **free condoms, testing, contraception, and advice** about your sexual health worries.



You can talk to a trusted adult.
A nurse, doctor or youth worker.

Aged 13+? Get free, confidential access to



Condoms



Pregnancy testing



Contraception (pill, implant, coil)



STI testing



All identities welcome

Services are confidential



This means the **information a person shares is kept private.**



If the service thinks you are **being harmed or in danger, they may share** some information to get you support.



A worker should let you know if they need to share and who they will talk to.



Find services near
me

**Where can young people
find sexual health
services?**

Healthy Respect + young people's clinic at

**101 Youth Project at
The Centre Livingston**

Drop-in

Fridays, 1.30pm to 3.30pm



Scan code or [find 101.](#)

It is just out past the exit doors where
Costa and Vodaphone are and next door to kidzeco.





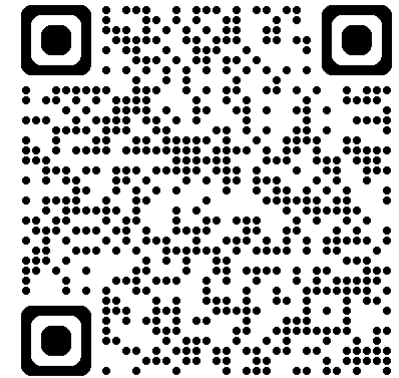
You can speak to your school nurse

- About any **health, relationships or sexual health worries**
- They offer the same confidentiality
- How to speak to them:
 - √ Ask your Pupil Support Leader
 - √ Check if you have a lunch time school drop-in
 - √ Self-refer

Schools and community drop-ins

Some areas have school and community based drop-ins.

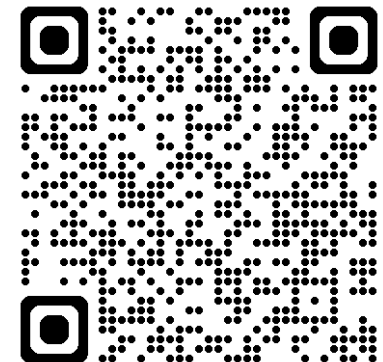
Scan code or visit bit.ly/services-lothian



c:card

Get free condoms at **c:card points** or delivered to you by post.

Visit ccard.org.uk for details



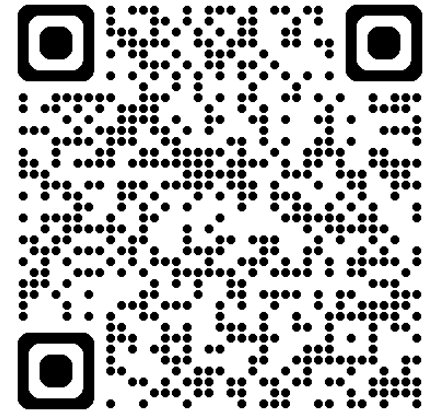
Healthy Respect + young people's clinic at

Chalmers Centre (Edinburgh)

Drop-in

Monday to Thursdays 3:30pm to 7pm
Fridays 1pm – 3:30pm

Scan code or visit bit.ly/services-lothian

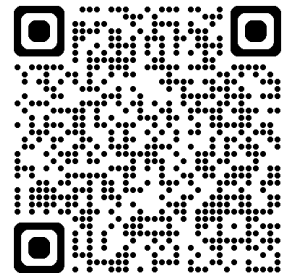




Emergency
contraception

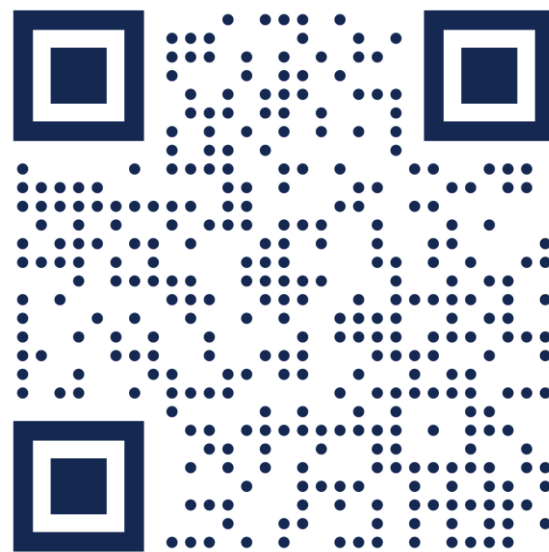
**Get emergency
contraception
from any pharmacy
or clinic**

**Scan code
or visit www.healthyrespect.co.uk/get-emergency-contraception/**





Want to know more about sexual health and relationships?



Scan code or visit
www.healthyrespect.co.uk

